



## RELATIONSHIP COACHING AGREEMENT

I have sought out relationship coaching at Grace Walk Church. My Relationship Coaches are certified by N.A.M.E. as a Marriage Coach for Grace Walk Church. I am aware that this coaching primarily involves providing spiritual guidance rooted in Christian ideals, beliefs, and scripture.

I understand that the coaching I'm receiving isn't the typical secular or professional counseling you might get from a psychiatrist or psychologist. The Relationship Coach isn't licensed in mental health care, and they're not presenting themselves as psychiatrists or psychologists. Therefore, the guidance I'm receiving doesn't fall under the umbrella of professional psychiatry or psychology.

I understand that the coaching I get won't check, diagnose, fix, treat, or give advice in a professional way about things like:

- helping with mental or emotional illness, symptoms, conditions, or disorders, including alcohol or drug addiction;
- understand conscious or subconscious motivations;

If the coach talks about these issues, it's not as a professional, but as someone who bases their advice on their beliefs as a Christian Relationship Coach.

### Christian Coaching is:

- A coaching relationship in which a client's faith is included in the Relationship Coaching sessions
- An opportunity to explore goals and goal attainment within the context of the client's Christian belief system
- A holistic approach in which a client's faith is included and utilized in their relationship

### Christian Coaching is not:

- Treatment for any mental health, substance abuse, or psychological disorder
- A substitution for legal or medical advice
- A relationship in which the coach tells the couple what to do or "fixes" the couple's problems
- A guarantee of desired outcomes within the couple's life

I need to tell the coaches before our session if I don't want Relationship Coaching, but instead, I'm looking to work with a mental health professional.



I know that I'm fully responsible for the decisions I make after each session.

### Confidentiality

A key component of successful coaching is coach-couple trust. The content of a coaching session is confidential and will not be shared by the coach with outside parties. Strictly held confidence is the standard for shared information.

Have you seen another Relationship Coach at Grace Walk Church?      **Yes**                      **No**

*I've read and understood all the terms in the relationship coaching agreement before signing it.*

**Coach** (male): \_\_\_\_\_

**Date:** \_\_\_\_\_

**Coach** (female): \_\_\_\_\_

**Date:** \_\_\_\_\_

**Partner** (male): \_\_\_\_\_

**Date:** \_\_\_\_\_

**Partner** (female): \_\_\_\_\_

**Date:** \_\_\_\_\_



**GRACE WALK**  
CHURCH

## SHARE YOUR STORY

Couple: \_\_\_\_\_  
(Male)

\_\_\_\_\_ (Female)

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**GRACE WALK**  
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*We, the people signing below, confirm that this story is true to the best of our memory. We give the National Association of Marriage Enhancement (N.A.M.E.) permission to share this story to inspire and uplift others' relationships.*

**His Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Her Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

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